

ITINERARY

Saturday

Everyone arrives in PV
15:00 Check-in and welcome tour
19:00 Dinner meet and greet

Sunday

8:00 Morning yoga practice
9:30 Breakfast
Open morning to get your bearings and check out PV
13:00 Lunch
17:00 Evening yoga practice
18:30 Dinner

Monday

8:00 Breakfast
9:00 Jungle hike and beach yoga
18:30 Dinner

Tuesday

8:00 Morning yoga practice
9:30 Breakfast
Open morning: relax, get a massage/facial or go on a tour
13:00 Lunch
Open afternoon: relax or get a massage/facial
17:00 Evening yoga practice
18:30 Dinner

Wednesday

8:30 Breakfast
9:30 Snorkel tour at Los Arcos
14:00 Lunch
Open afternoon: relax or get a massage/facial
18:30 Dinner
20:00 Evening yoga practice

Thursday

8:00 Morning yoga practice
9:30 Breakfast
Open morning: relax, get a massage/facial or go on a tour
14:00 Lunch
15:00 Make a difference day giving back to the local community
19:00 Dinner

Friday

8:30 Morning beach yoga practice
9:30 Breakfast
13:00 Lunch
Open afternoon: relax or get a massage/facial
17:00 Cooking class and dinner
20:00 Evening yoga practice

Saturday

9:30 Breakfast
11:00 Check-out

ITINERARY

Saturday

Everyone arrives in PV
15:00 Check-in and welcome tour
19:00 Dinner meet and greet

Sunday

8:00 Morning yoga practice
9:30 Breakfast
Open morning to get your bearings and check out PV
13:00 Lunch
17:00 Evening yoga practice
18:30 Dinner

Monday

8:00 Breakfast
9:00 Jungle hike and beach yoga
18:30 Dinner

Tuesday

8:00 Morning yoga practice
9:30 Breakfast
Open morning: relax, get a massage/facial or go on a tour
13:00 Lunch
Open afternoon: relax or get a massage/facial
17:00 Evening yoga practice
18:30 Dinner

Wednesday

8:30 Breakfast
9:30 Snorkel tour at Los Arcos
14:00 Lunch
Open afternoon: relax or get a massage/facial
18:30 Dinner
20:00 Evening yoga practice

Thursday

8:00 Morning yoga practice
9:30 Breakfast
Open morning: relax, get a massage/facial or go on a tour
14:00 Lunch
15:00 Make a difference day giving back to the local community
19:00 Dinner

Friday

8:30 Morning beach yoga practice
9:30 Breakfast
13:00 Lunch
Open afternoon: relax or get a massage/facial
17:00 Cooking class and dinner
20:00 Evening yoga practice

Saturday

9:30 Breakfast
11:00 Check-out